

Wettkampf 10 - 400m Freistil männlich (Lauf 1+2)**Pflichtzeiten**

2006: 04:29,00 2005: 04:24,00 2004: 04:21,00 offen: 04:15,00

Lauf 1 2 Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Klode, Henry	2007	SG Mülheim	04:14,29 50m: 00:28,40 (00:28,40) 100m: 00:59,63 (00:31,23) 150m: 01:31,90 (00:32,27) 200m: 02:04,41 (00:32,51) 250m: 02:37,08 (00:32,67) 300m: 03:09,71 (00:32,63) 350m: 03:42,35 (00:32,64) 400m: 04:14,29 (00:31,94)
2.	Lewandowski, Julian	2007	SG Gladbeck/Recklinghausen	04:14,40 50m: 00:28,34 (00:28,34) 100m: 01:00,03 (00:31,69) 150m: 01:32,14 (00:32,11) 200m: 02:04,72 (00:32,58) 250m: 02:37,48 (00:32,76) 300m: 03:10,88 (00:33,40) 350m: 03:43,49 (00:32,61) 400m: 04:14,40 (00:30,91)
3.	Adam, Benjamin	2006	SG Neuss	04:20,58 50m: 00:28,76 (00:28,76) 100m: 01:00,57 (00:31,81) 150m: 01:33,70 (00:33,13) 200m: 02:07,08 (00:33,38) 250m: 02:40,97 (00:33,89) 300m: 03:14,78 (00:33,81) 350m: 03:47,83 (00:33,05) 400m: 04:20,58 (00:32,75)
4.	Schmidt, Max Luca	2008	SG Dortmund	04:23,18 50m: 00:29,08 (00:29,08) 100m: 01:01,10 (00:32,02) 150m: 01:33,95 (00:32,85) 200m: 02:07,51 (00:33,56) 250m: 02:41,41 (00:33,90) 300m: 03:15,18 (00:33,77) 350m: 03:49,50 (00:34,32) 400m: 04:23,18 (00:33,68)
5.	Otte, Jason	2006	SG Bayer	04:24,60 50m: 00:29,23 (00:29,23) 100m: 01:02,04 (00:32,81) 150m: 01:35,92 (00:33,88) 200m: 02:09,97 (00:34,05) 250m: 02:44,09 (00:34,12) 300m: 03:18,32 (00:34,23) 350m: 03:52,32 (00:34,00) 400m: 04:24,60 (00:32,28)
6.	Lytvynenko, Mykyta	2006	TPSK 1925 e.V.	04:25,92 50m: 00:29,28 (00:29,28) 100m: 01:01,80 (00:32,52) 150m: 01:35,31 (00:33,51) 200m: 02:09,27 (00:33,96) 250m: 02:43,24 (00:33,97) 300m: 03:17,66 (00:34,42) 350m: 03:51,90 (00:34,24) 400m: 04:25,92 (00:34,02)
7.	Klein, Leonard	2006	SG Gladbeck/Recklinghausen	04:31,95 50m: 00:29,79 (00:29,79) 100m: 01:03,77 (00:33,98) 150m: 01:38,65 (00:34,88) 200m: 02:13,50 (00:34,85) 250m: 02:48,61 (00:35,11) 300m: 03:23,66 (00:35,05) 350m: 03:58,38 (00:34,72) 400m: 04:31,95 (00:33,57)